

Healthy Waters 101:

Water Quality Monitoring for Public Health



Curtis Cude
Healthy Waters
Programs

Oregon
Health
Authority

Healthy Waters for Healthy Humans



So what?



Who's who?



How to?

So what? Nature bats last!



Salem Public Library Historic Photograph Collections,
Salem Public Library, Salem, Oregon

Codified stewardship

PART 131—WATER QUALITY STANDARDS

Subpart A—General Provisions

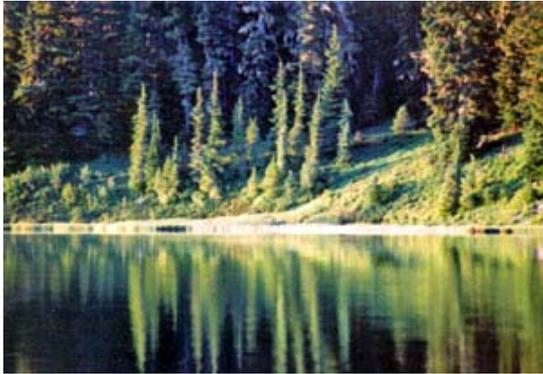
Sec.

- 131.1 Scope.
- 131.2 Purpose.
- 131.3 Definitions.
- 131.4 State authority.
- 131.5 EPA authority.
- 131.6 Minimum requirements for water quality standards submission.
- 131.7 Dispute resolution mechanism.
- 131.8 Requirements for Indian Tribes to administer a water quality standards program.

Subpart B—Establishment of Water Quality Standards

- 131.10 Designation of uses.
- 131.11 Criteria.
- 131.12 Antidegradation policy.
- 131.13 General policies.

Public water supplies



Global drinking water and sanitation

The MDG drinking water target has been met

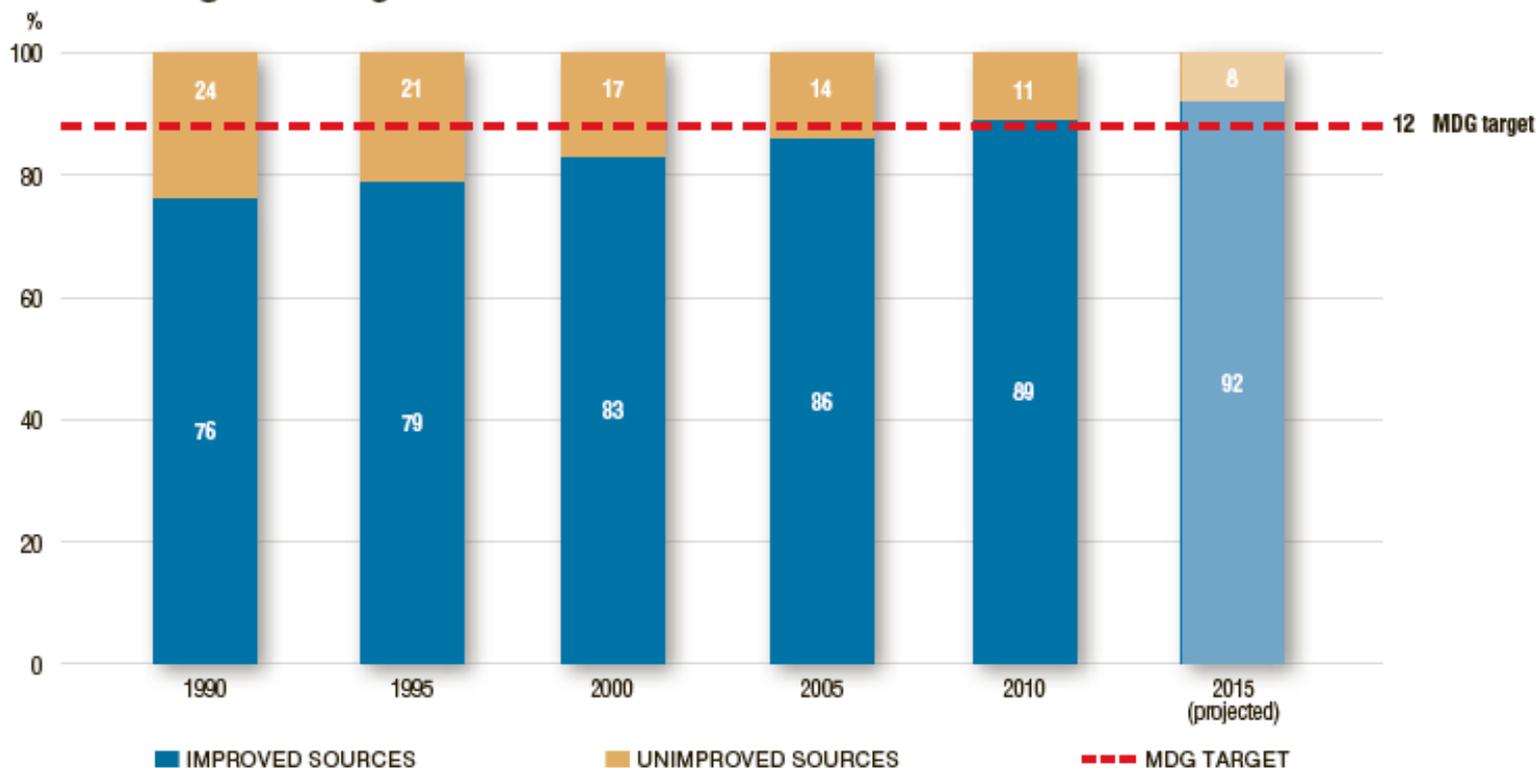
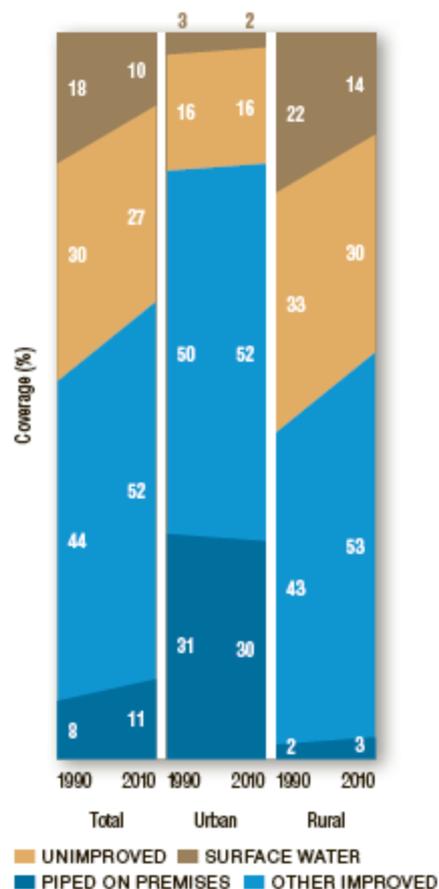


FIGURE 1 Trends in global drinking water coverage, 1990-2010, projected to 2015

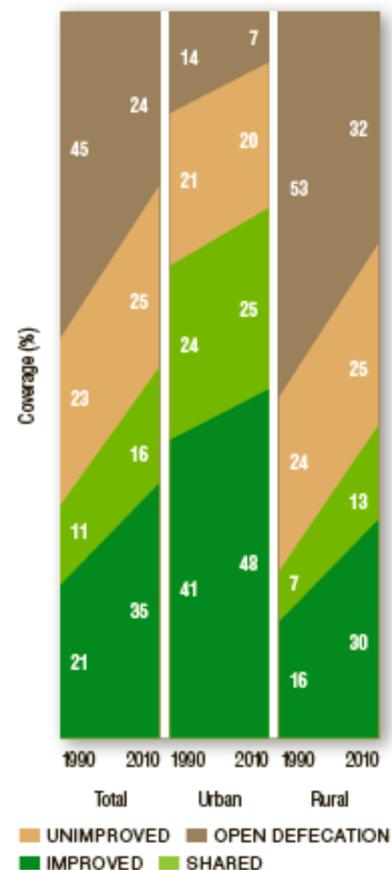
World Health Organization and UNICEF. Progress on Drinking Water and Sanitation: 2012; United States: WHO/UNICEF Joint Monitoring Programme for Water Supply and Sanitation; 2012.

Global drinking water and sanitation

Ten per cent of the population in least developed countries rely on surface water



Open defecation is practised by nearly a quarter of the population in least developed countries



World Health Organization and UNICEF. Progress on Drinking Water and Sanitation: 2012; United States: WHO/UNICEF Joint Monitoring Programme for Water Supply and Sanitation; 2012.

Global drinking water and sanitation

FIGURE 2 Diarrhoea is the second most common cause of child deaths worldwide

Proportional distribution of cause-specific deaths among children under five years of age, 2004

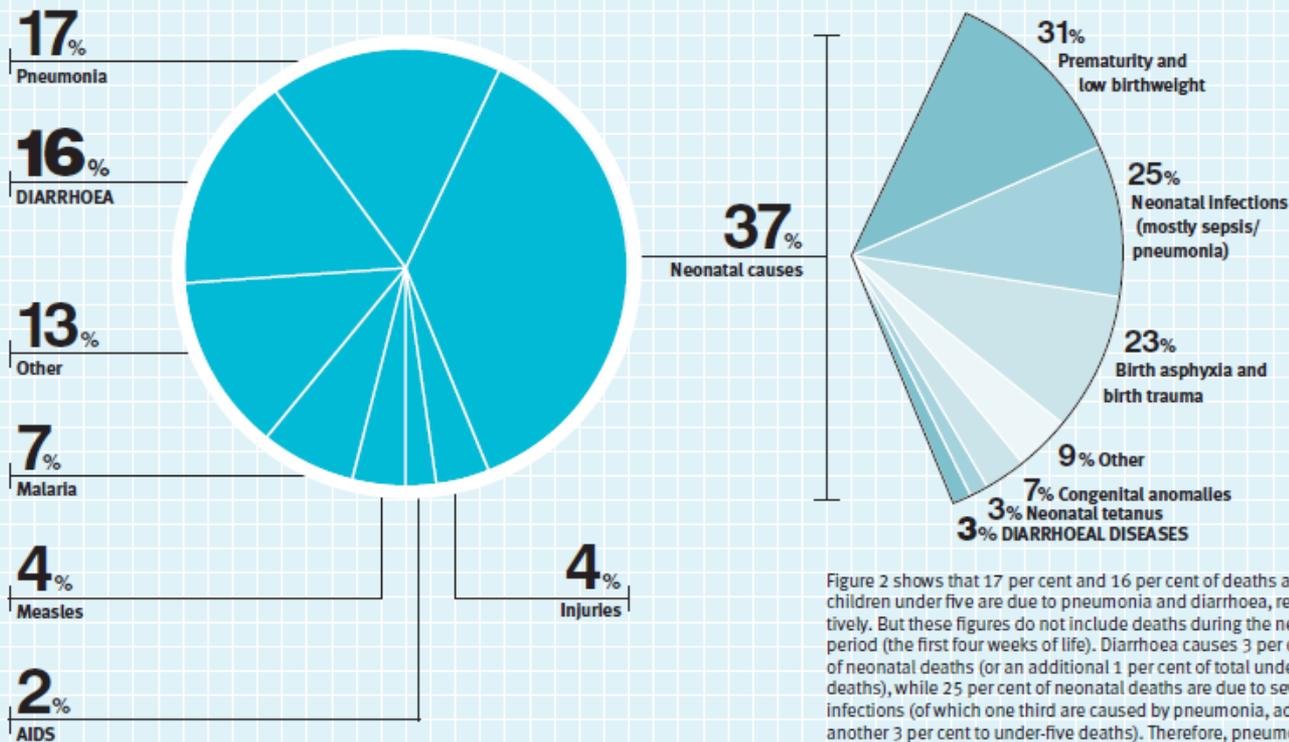
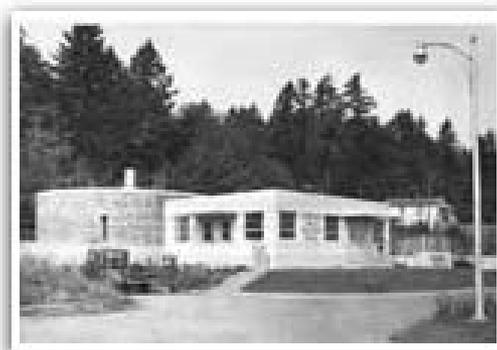


Figure 2 shows that 17 per cent and 16 per cent of deaths among children under five are due to pneumonia and diarrhoea, respectively. But these figures do not include deaths during the neonatal period (the first four weeks of life). Diarrhoea causes 3 per cent of neonatal deaths (or an additional 1 per cent of total under-five deaths), while 25 per cent of neonatal deaths are due to severe infections (of which one third are caused by pneumonia, adding another 3 per cent to under-five deaths). Therefore, pneumonia and diarrhoea actually cause about 20 per cent and 17 per cent, respectively, of total under-five deaths when estimates from the post-neonatal and neonatal periods are combined.

Source: World Health Organization, Global Burden of Disease estimates, 2004 update.

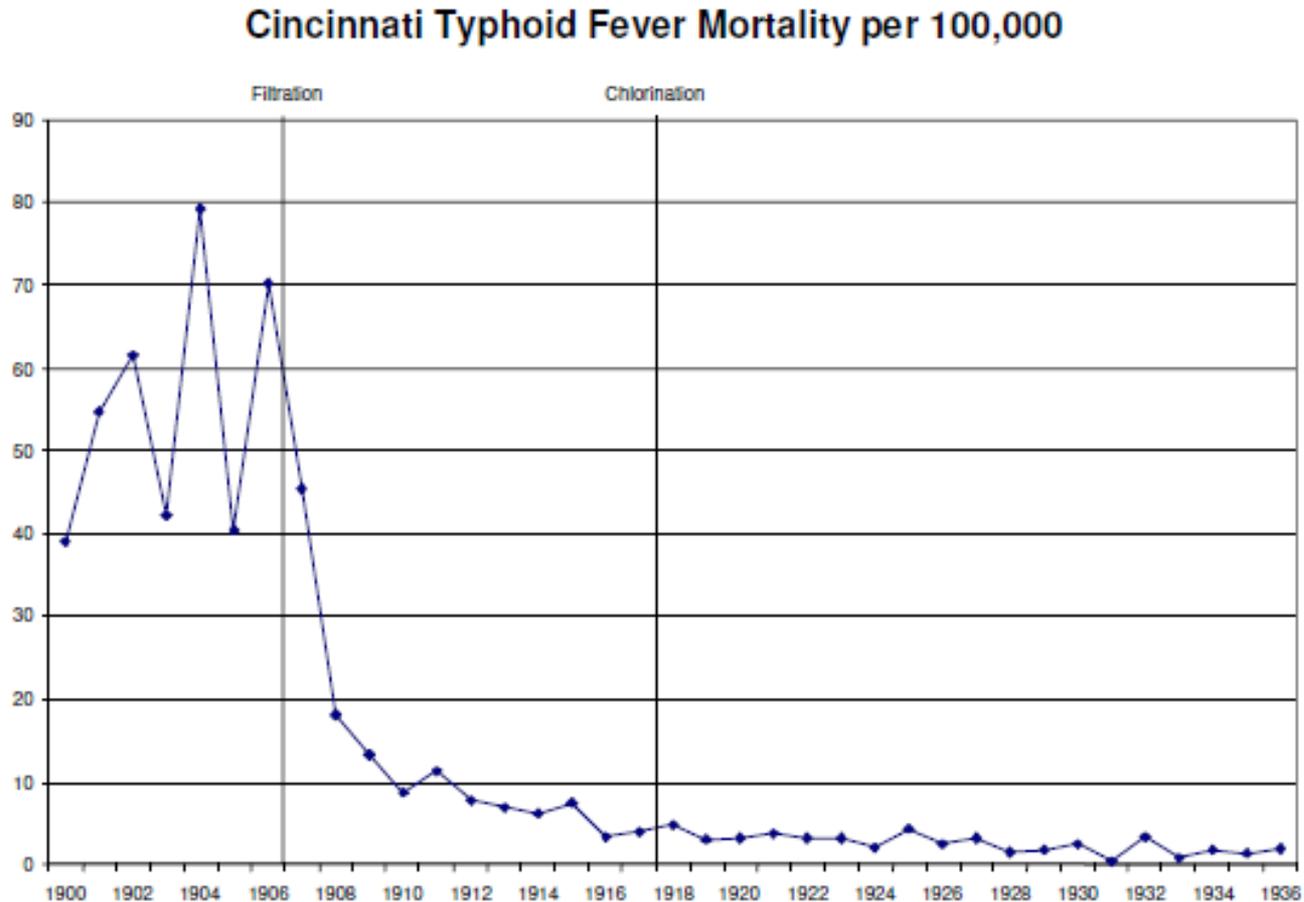
Note: Neonatal causes do not add up to 100 per cent due to rounding. Globally, more than one third of deaths among children under five are attributable to undernutrition.

Public water supplies



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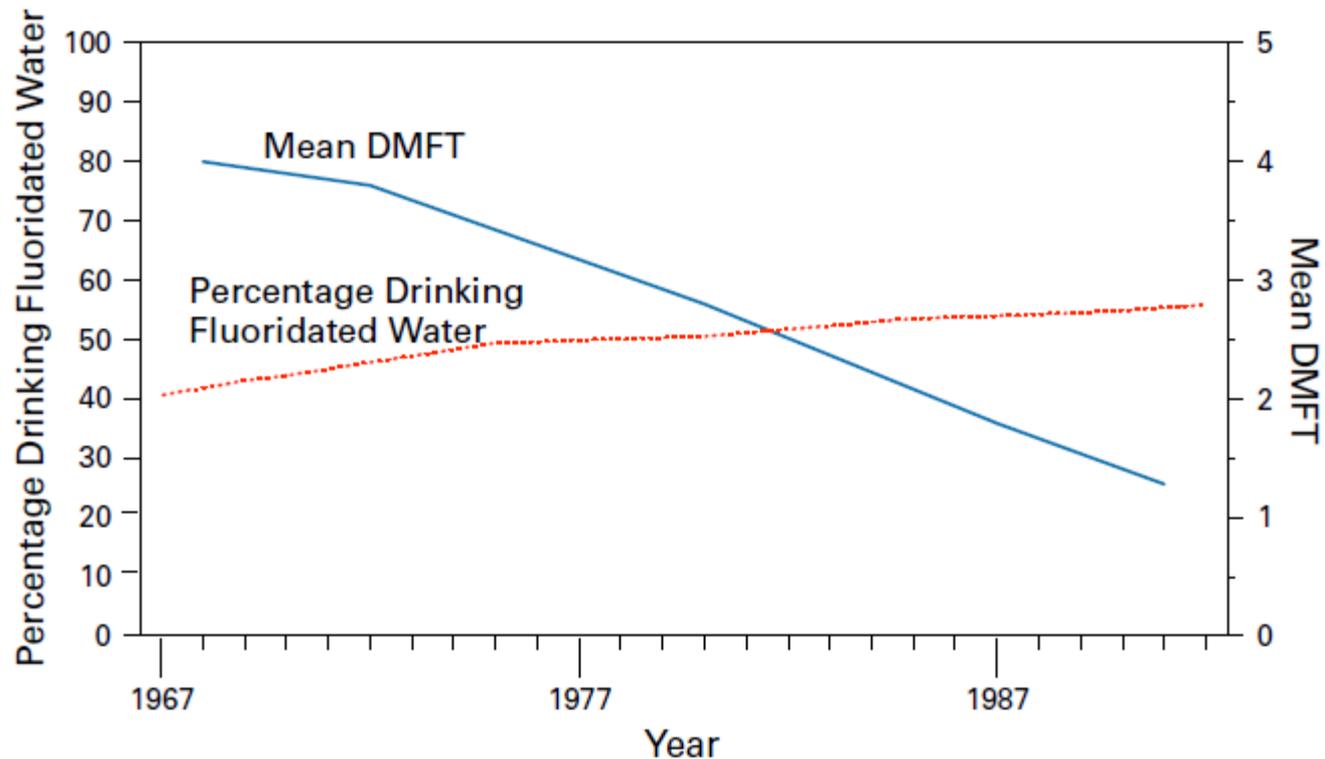
Public water supplies – treatment benefits



Cutler, D., G. Miller, 2004. The role of public health improvements in health advances: the 20th century United States. National Bureau of Economic Research. Working Paper 10511. Cambridge, MA, USA.

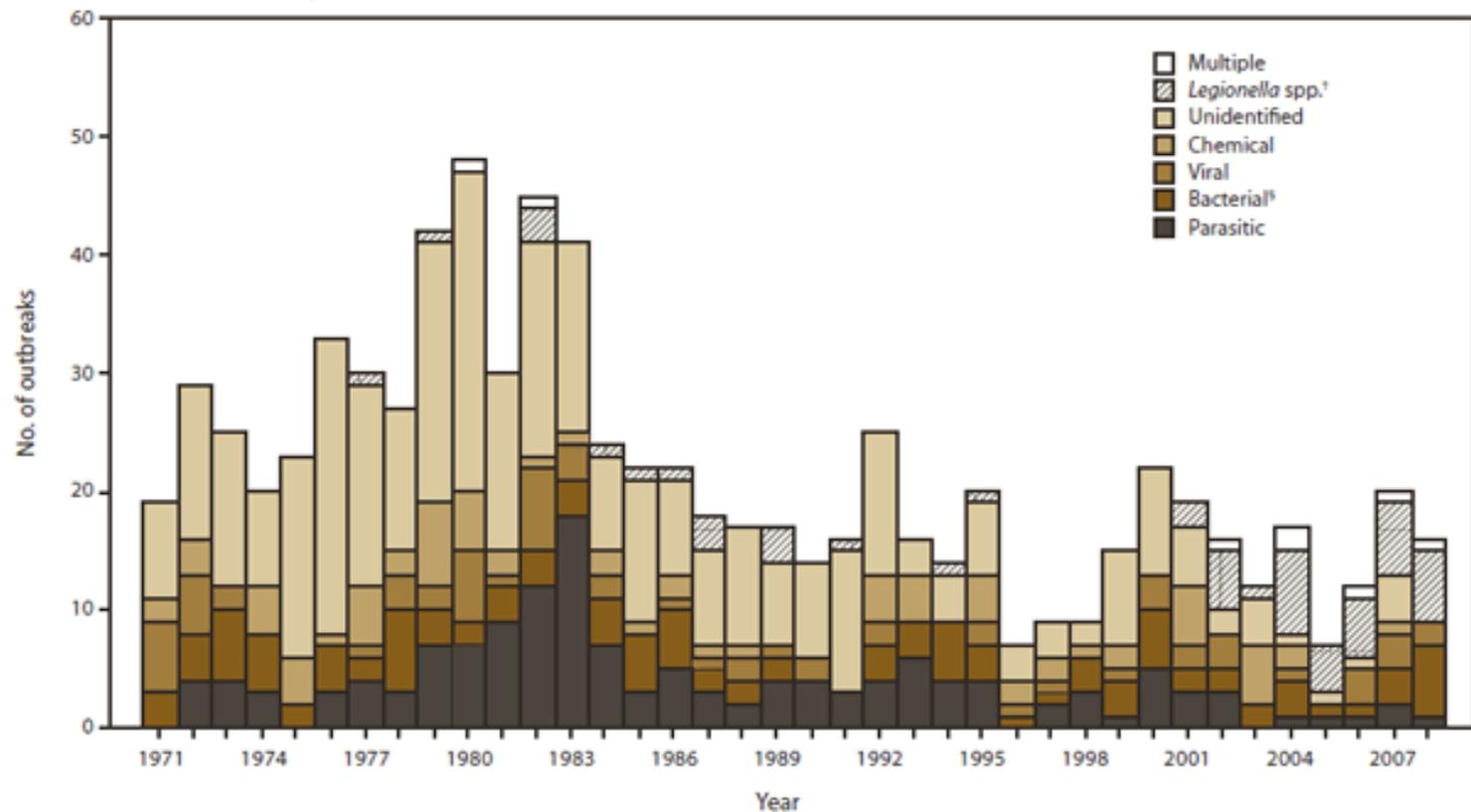
Public water supplies - fluoridation

FIGURE 1. Percentage of population residing in areas with fluoridated community water systems and mean number of decayed, missing (because of caries), or filled permanent teeth (DMFT) among children aged 12 years — United States, 1967–1992



Drinking water disease outbreaks

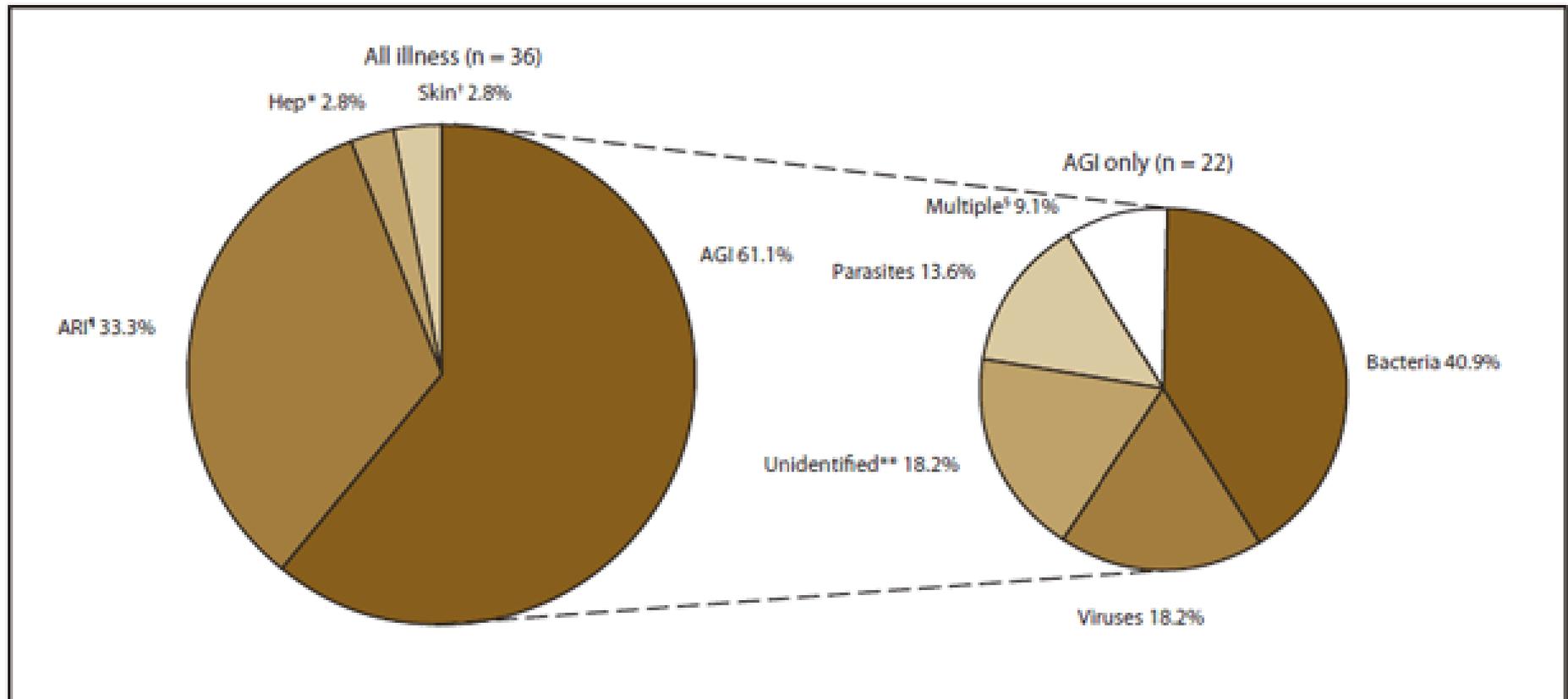
Number of waterborne disease outbreaks associated with drinking water (n = 818), by year and etiology, US, 1971-2008



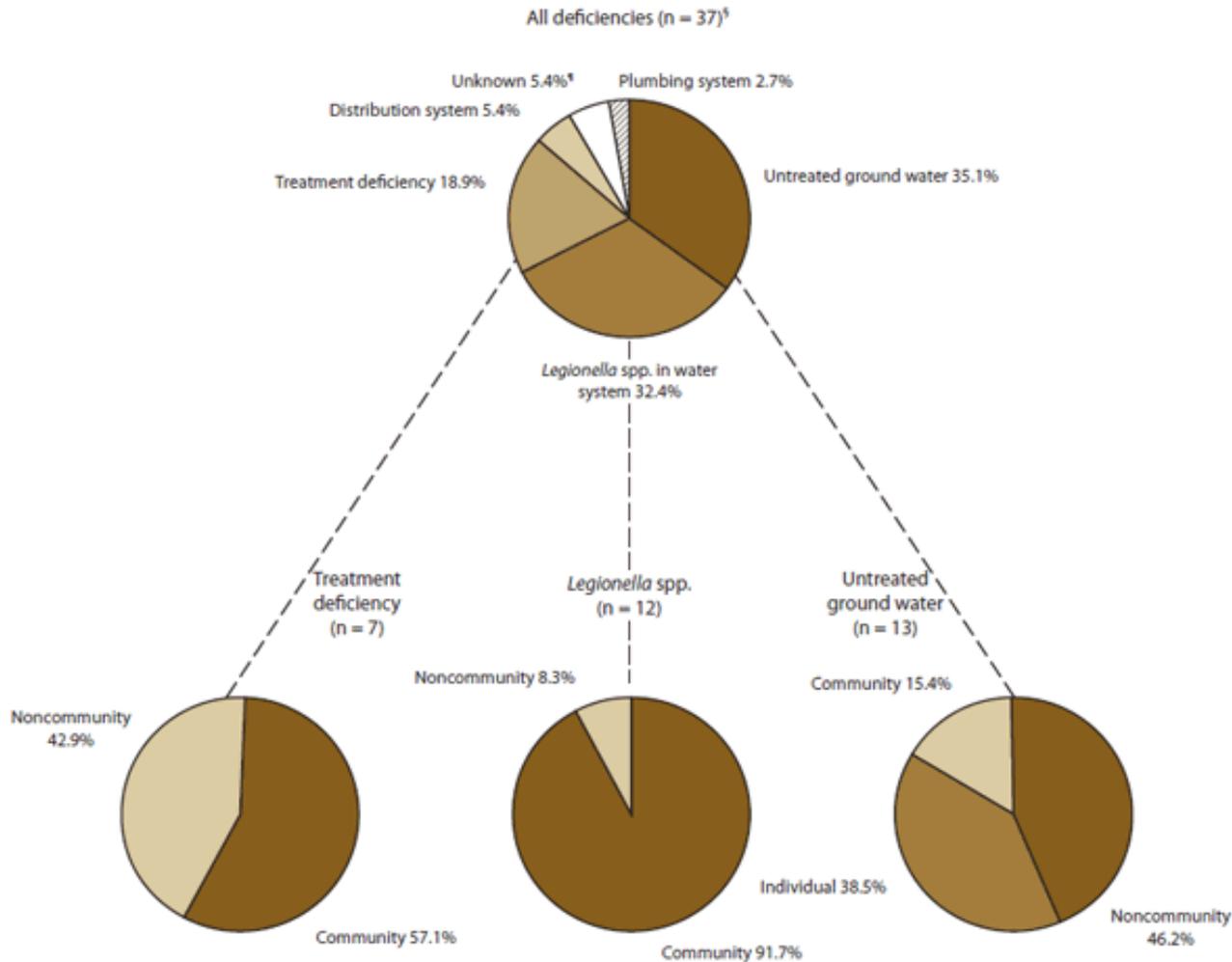
Centers for Disease Control and Prevention. Surveillance for Waterborne Disease Outbreaks Associated with Drinking Water - United States, 2007-2008. MMWR 2011;60(12),38-68.

Drinking water disease outbreaks

Percentage of waterborne disease outbreaks associated with drinking water, by predominant illness and etiology, US, 2007--2008



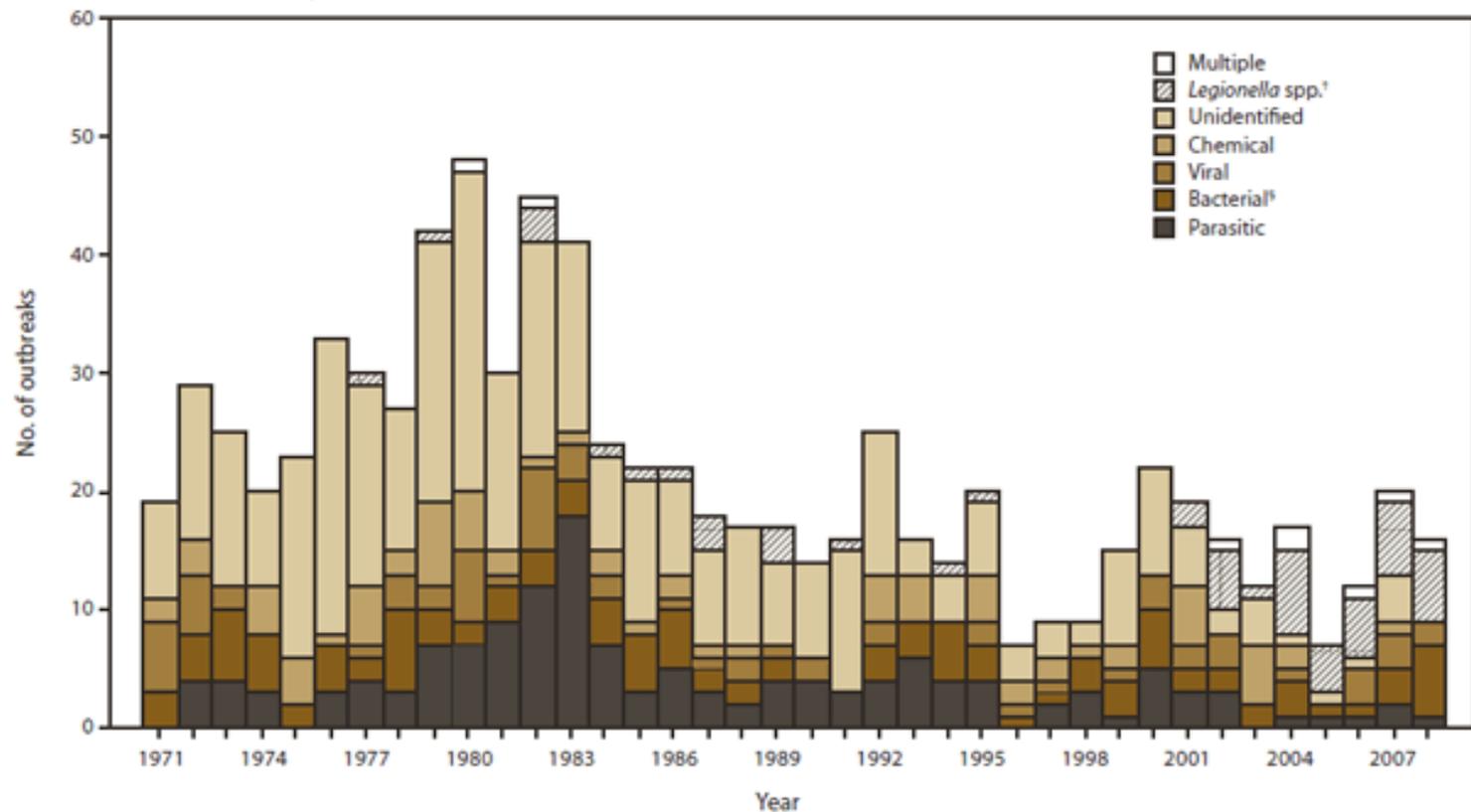
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CDC MMWR 2011;60(12),38-68.

Drinking water disease outbreaks

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Private water supplies



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Groundwater contaminants

- USGS NAWQA – **2100 domestic and 932 public supply wells**
- Wells with 1+ contaminants > health benchmarks: **more than 20%**
- Contaminants analyzed with no health benchmarks: **43%**

USGS Circular 1332. Quality of water from domestic wells in principal aquifers of the United States, 1991–2004
USGS Circular 1346. Quality of water from public-supply wells in the United States, 1993–2007

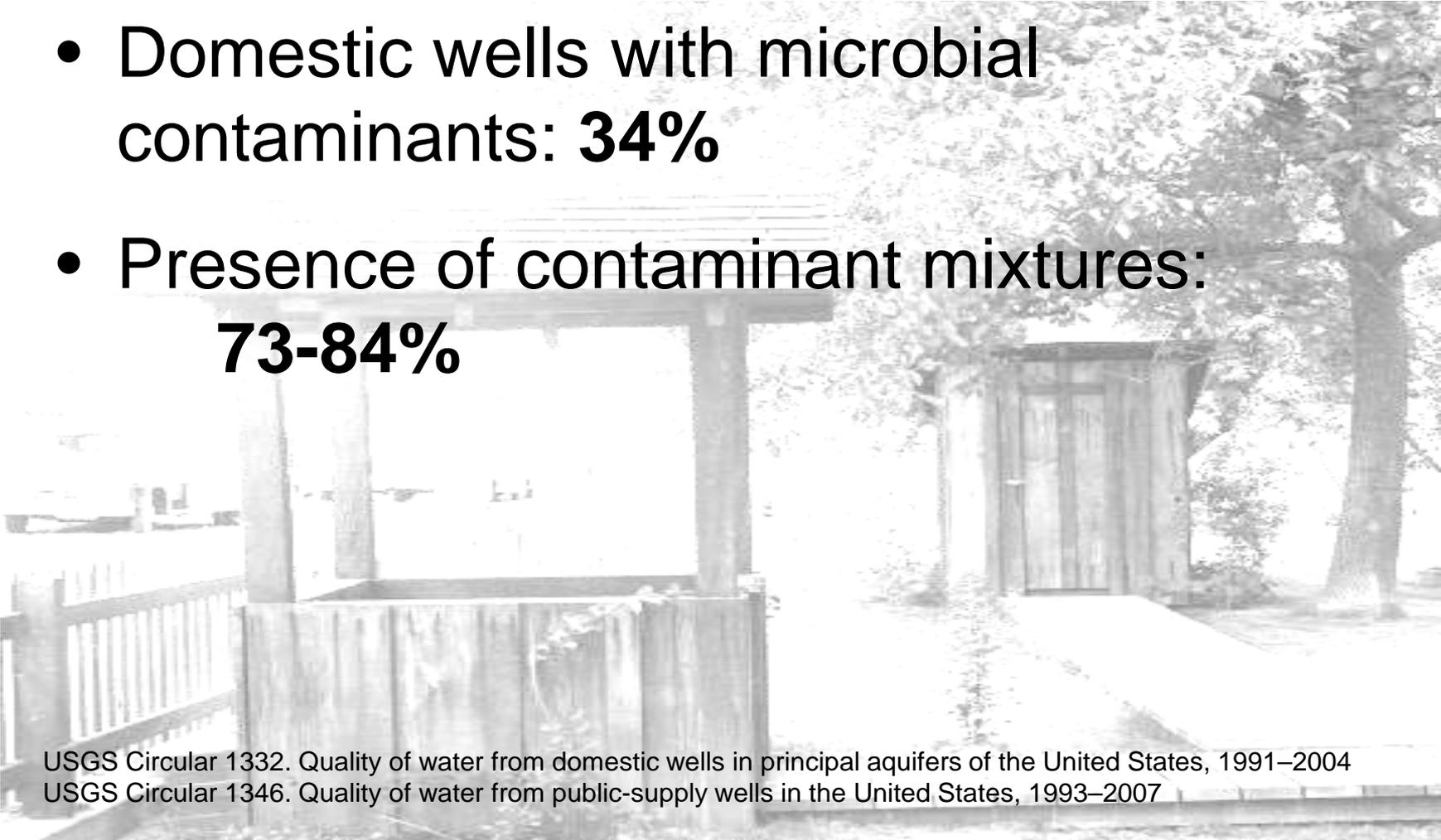
Groundwater contaminants

- Most likely natural contaminants:
As, Mn, Sr, B, F, Rn, Ra, U, gross α
- Most likely man-made contaminants:
NO₃, pesticides, VOCs

USGS Circular 1332. Quality of water from domestic wells in principal aquifers of the United States, 1991–2004
USGS Circular 1346. Quality of water from public-supply wells in the United States, 1993–2007

Groundwater contaminants

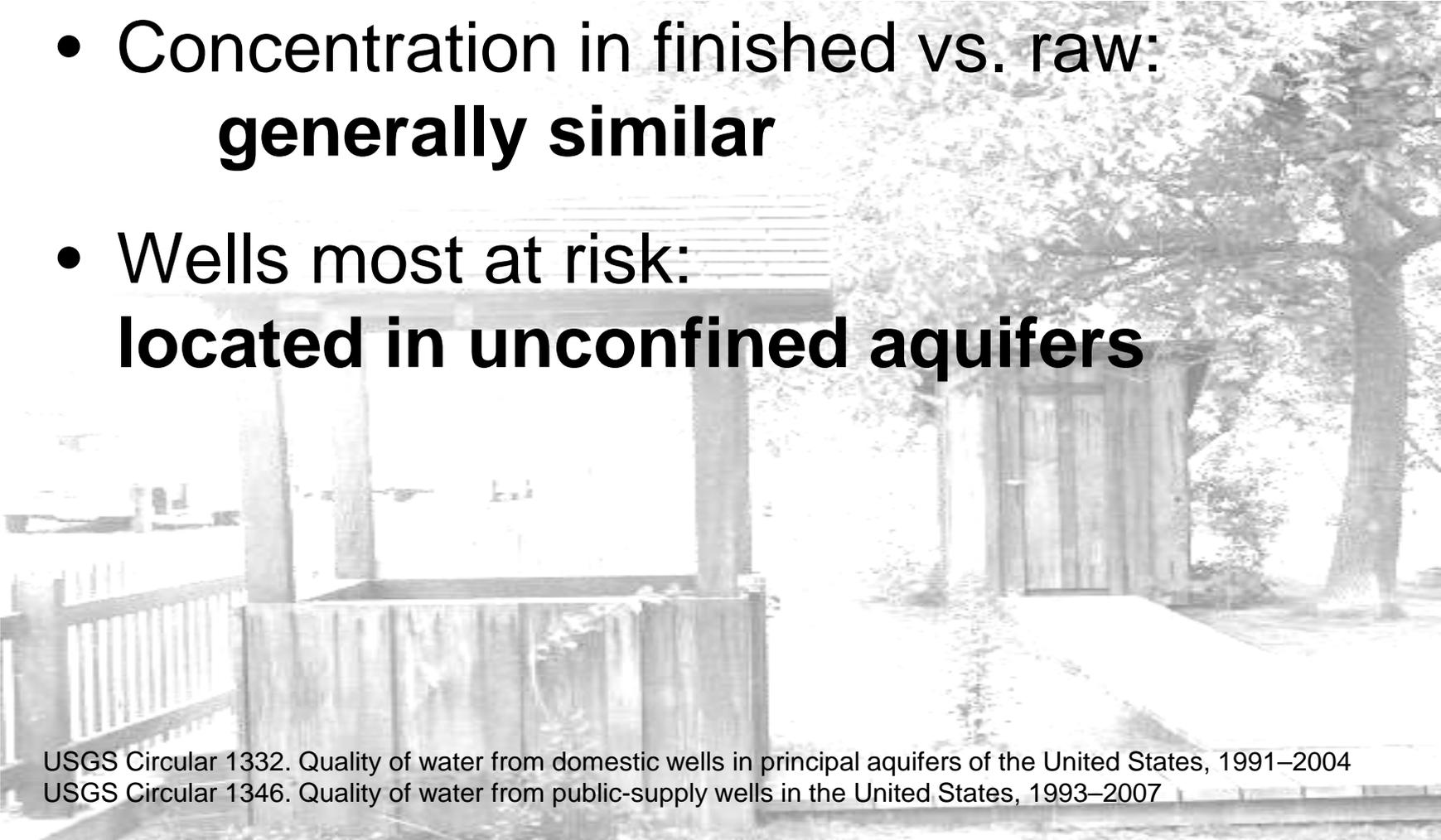
- Domestic wells with microbial contaminants: **34%**
- Presence of contaminant mixtures: **73-84%**



USGS Circular 1332. Quality of water from domestic wells in principal aquifers of the United States, 1991–2004
USGS Circular 1346. Quality of water from public-supply wells in the United States, 1993–2007

Groundwater contaminants

- Concentration in finished vs. raw:
generally similar
- Wells most at risk:
located in unconfined aquifers



USGS Circular 1332. Quality of water from domestic wells in principal aquifers of the United States, 1991–2004
USGS Circular 1346. Quality of water from public-supply wells in the United States, 1993–2007



Emerging contaminants

- Pharmaceuticals, personal care products, industrial & ag chemicals, endocrine disruptors
- Ubiquitous, low concentrations
- Documented environmental effects of endocrine disruptors and antibiotics

Emerging contaminants

- Uncertainty persists regarding human health risks:
 - acute vs. chronic exposure
 - effects to sensitive subpopulations,
 - effects of mixtures

Fish and shellfish

- Hi protein
- Low fat
- Omega-3



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Fish and shellfish

- Hi protein
- Low fat
- Omega-3



- Mercury
- PCBs
- Ciguatera

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Fish and shellfish

- Shellfish poisoning



- Vibrio infection

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Agriculture



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Salem Public Library, Salem, Oregon

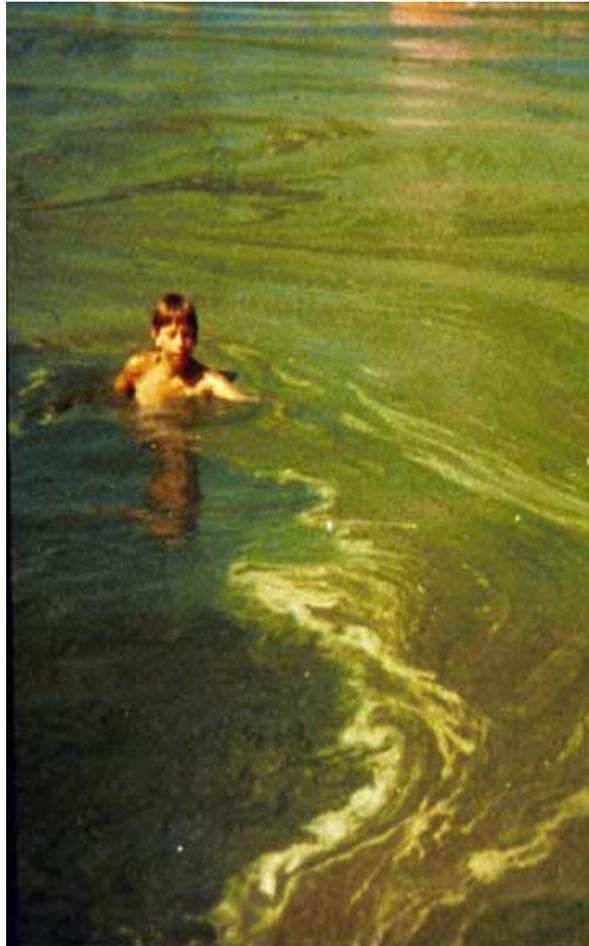
Recreation in and on the water



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Cyanobacterial harmful blooms

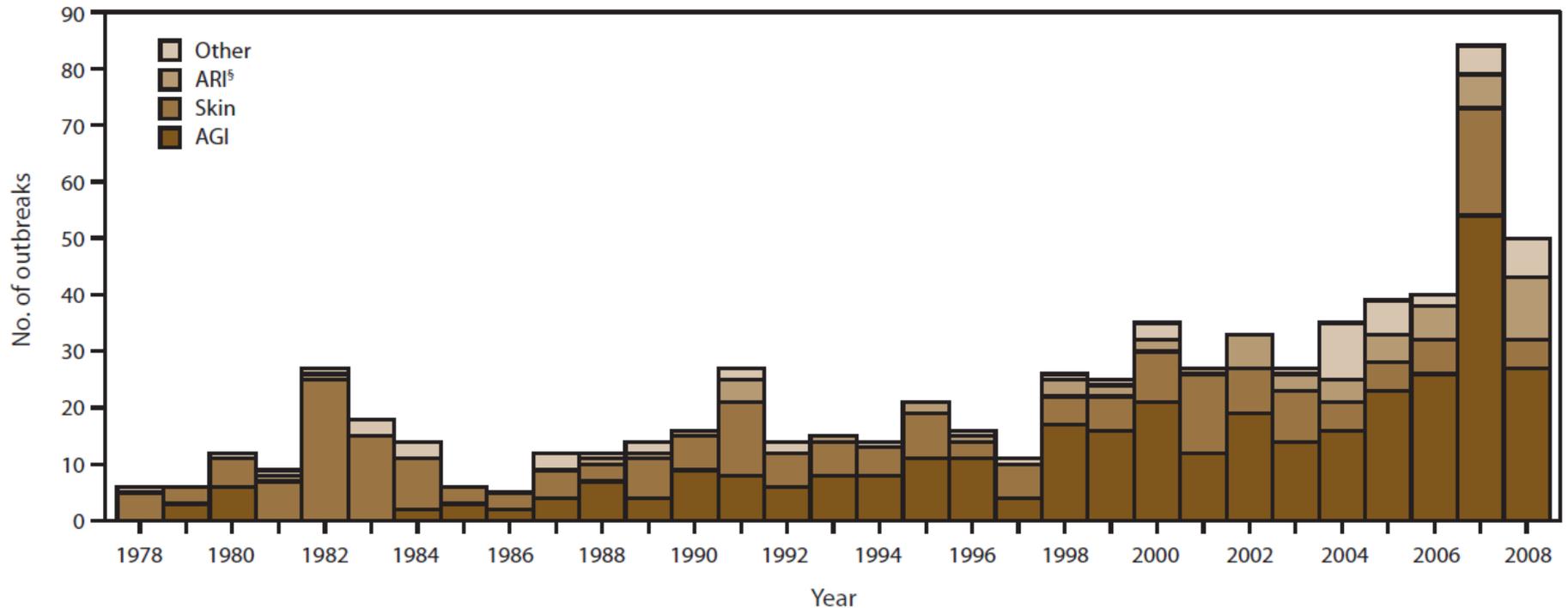
- Microcystin
- Anatoxin
- Saxitoxin



- Cylindrospermopsin
- Lyngbatoxin
- Nodularin
- Etc., etc., etc.

Recreational water disease outbreaks

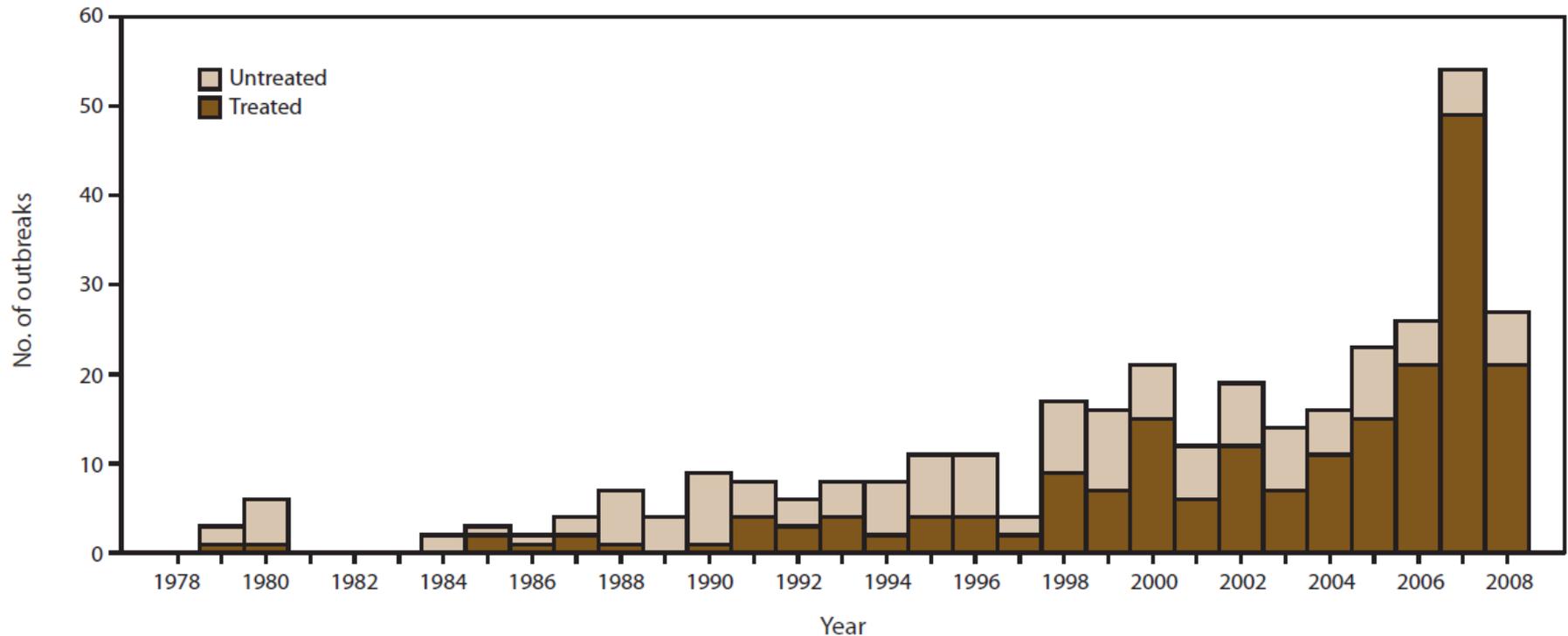
Number of waterborne disease outbreaks associated with recreational water (n = 696), by year and predominant illness, US, 1978-2008



Centers for Disease Control and Prevention. Surveillance for Waterborne Disease Outbreaks Associated with Drinking Water - United States, 2007-2008. MMWR 2011;60(12),1-37.

Recreational water disease outbreaks

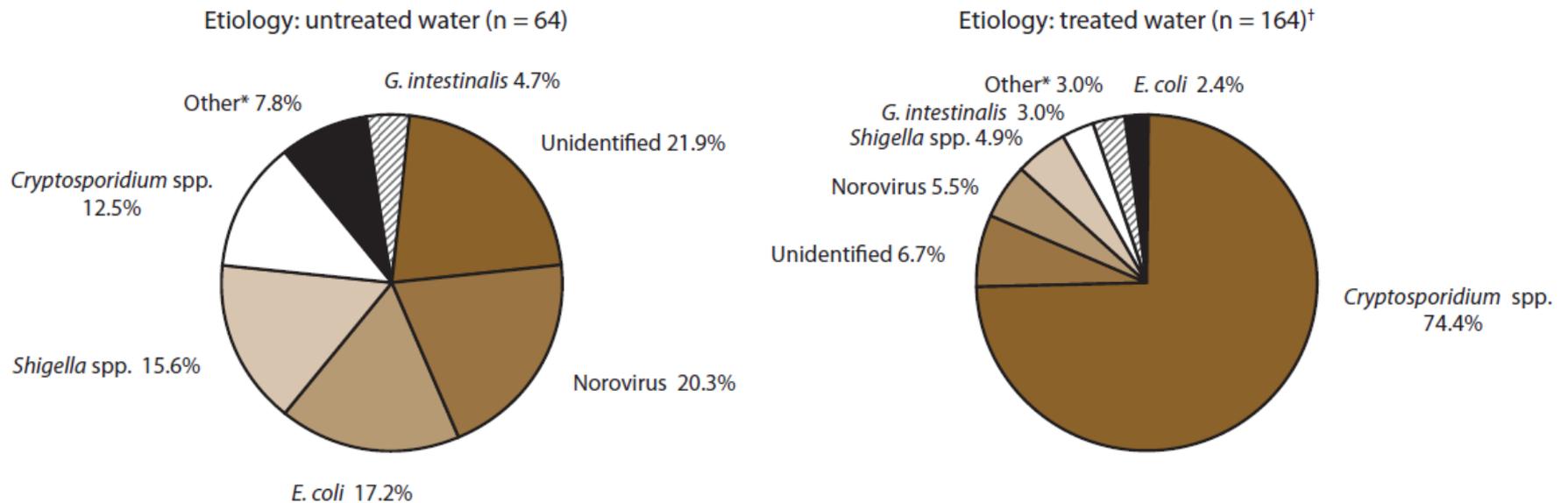
Number of outbreaks of acute gastrointestinal illness associated with recreational water (n = 341), by year and predominant illness, US, 1978-2008



Centers for Disease Control and Prevention. Surveillance for Waterborne Disease Outbreaks Associated with Drinking Water - United States, 2007-2008. MMWR 2011;60(12),1-37.

Recreational water disease outbreaks

Etiology of outbreaks of acute gastrointestinal illness associated with recreational water (n = 228), US, 1999-2008



Who's who in public health

HHS.gov
U.S. Department of Health & Human Services

 **AMERICAN PUBLIC HEALTH ASSOCIATION**
protect • prevent • live well®

CDC



Oregon
Health
Authority


MULTNOMAH COUNTY
Health Department

NACCHO
National Association of County & City Health Officials

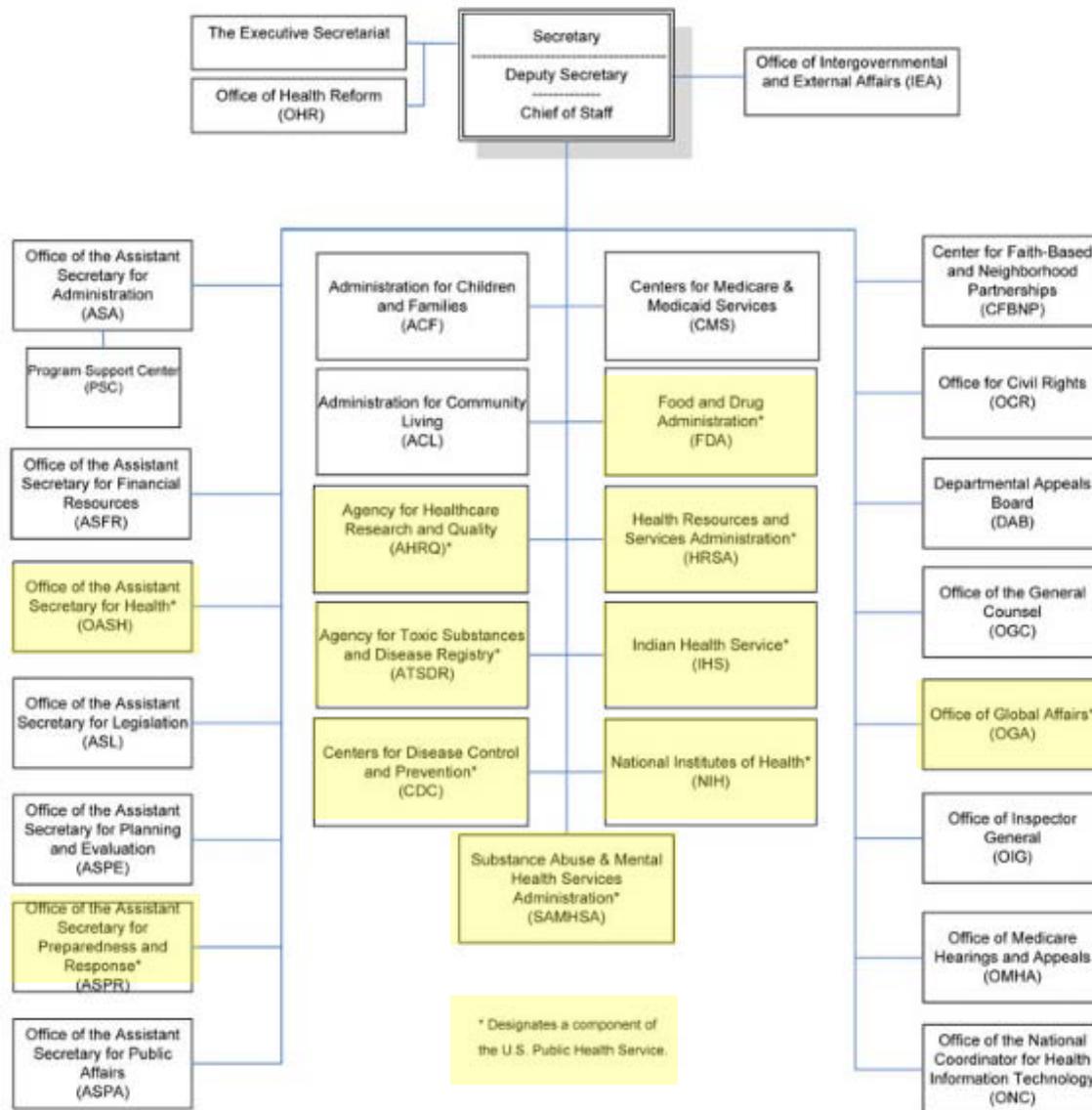
CLHO

Council of State and Territorial Epidemiologists

Leaders in Applied Public Health Epidemiology

Coalition of Local Health Officials

US Department of Health and Human Services

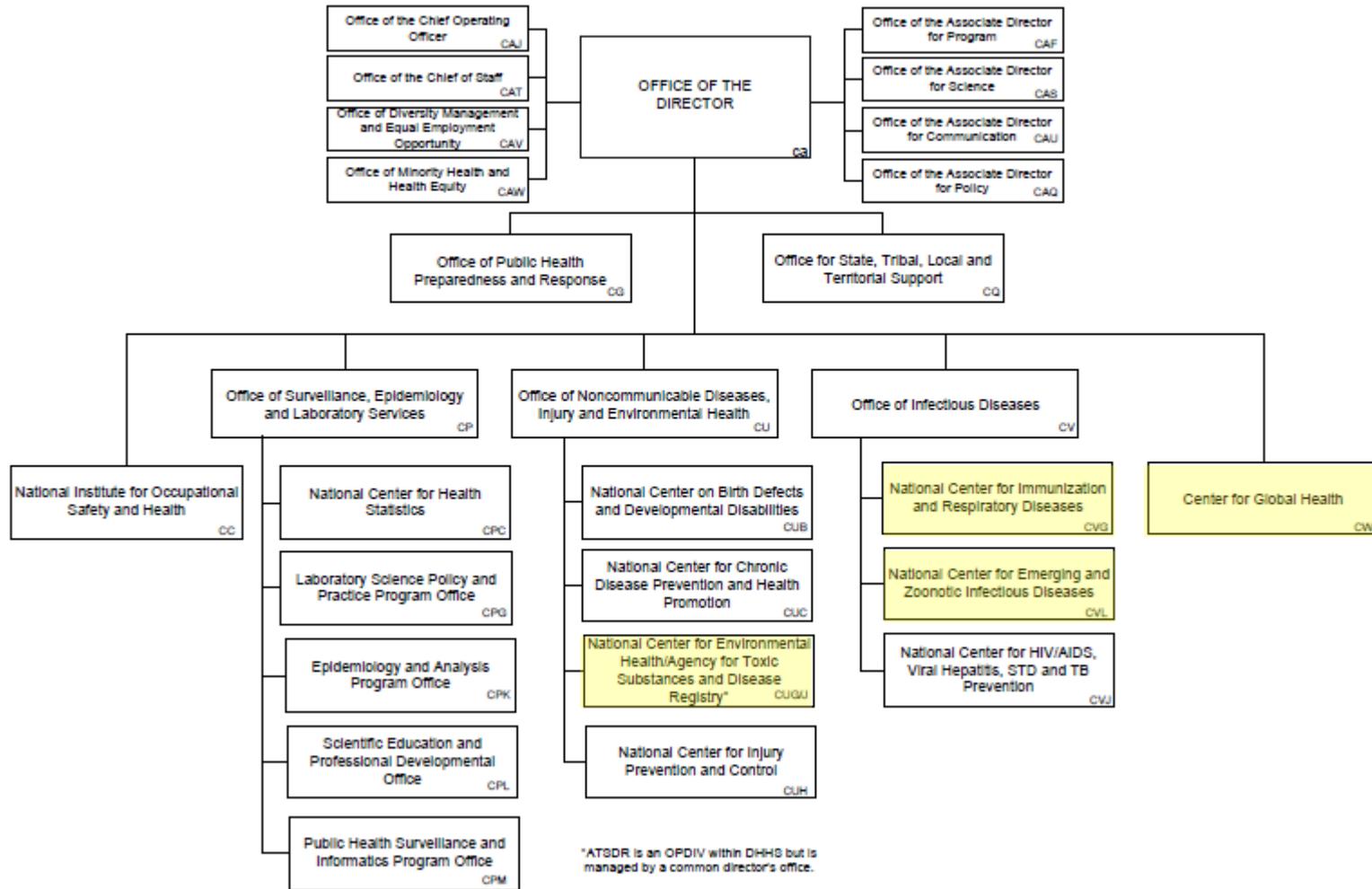


US Department of Health and Human Services



Centers for Disease Control and Prevention

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)



How to – program highlights

- PWI
- Fish
- Beach
- HABISS
- EPHT



Private well initiative (PWI)

- Describe private drinking water resources
- Tailor prevention activities
- National workgroup



Fish consumption advisory program

- **Guidance for data collection, risk assessment, consumption surveys**
- **National listing of advisories**



Beach monitoring & notification program

- Test and notify for bacteria
- Find and fix issues



Harmful algae bloom illness surveillance system (HABISS)

- Track blooms and illnesses
- Develop public health capacity
- National workgroup
- Federal funding to end



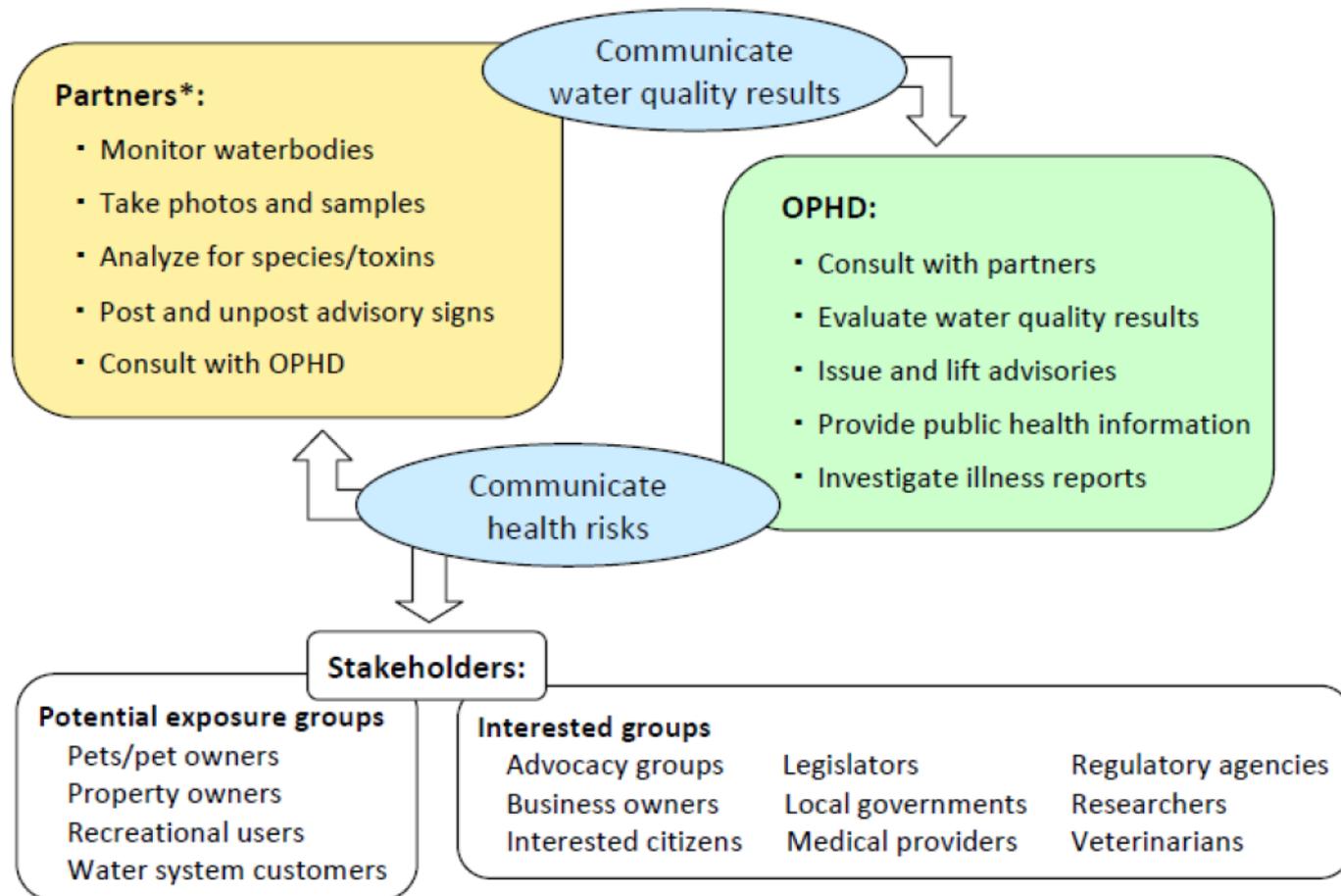


Environmental Public Health Tracking (EPHT)

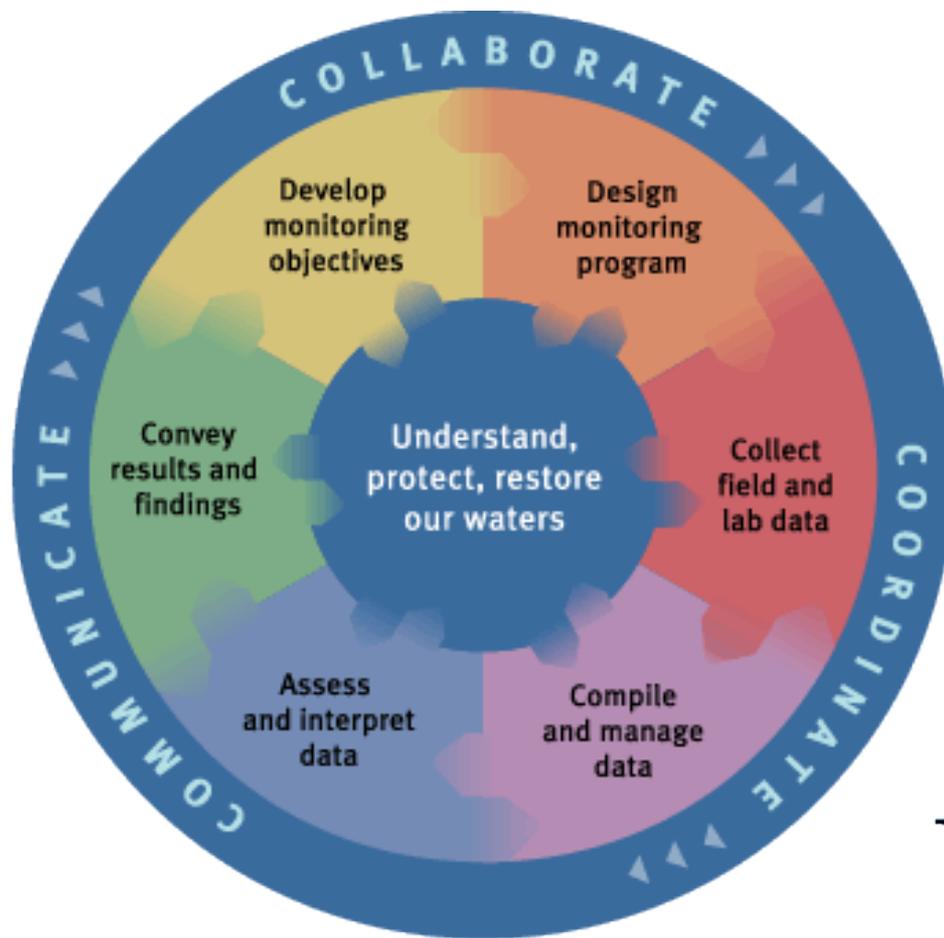
- Integrate environment and health data
- Drinking water and HABs
- Develop public health capacity



Integrating water quality and public health



Integrating water quality and public health



Healthy waters for healthy humans!

Curtis Cude

Manager, Oregon EPHT &
Healthy Waters Programs

Public Health Division -
Oregon Health Authority

Curtis.G.Cude@state.or.us

971-673-0975



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- **Recreational water disease outbreak facts:** Centers for Disease Control and Prevention. Surveillance for Waterborne Disease Outbreaks Associated with Drinking Water - United States, 2007-2008. MMWR 2011;60(12),1-37. www.cdc.gov/mmwr/pdf/ss/ss6012.pdf. From CDC Surveillance Summaries for Waterborne Disease and Outbreaks website www.cdc.gov/healthywater/statistics/wbdoss/surveillance.html
- **Emerging contaminant facts:** US Government Accountability Office. Environmental Health – Action Needed to Sustain Agencies' Collaboration on Pharmaceuticals in Drinking Water. GAO-11-346, August 2011. <http://www.gao.gov/products/GAO-11-346>